



Centro de Interpretación JK

Nombre común: Cola de León

Nombre Científico: Leonotis leonurus



a) Qué es?

Esta planta perenne, arbustiva semiperennifolia de Sudáfrica es popular en todos los países con clima templado más cálido o subtropical. Es una planta llamativa que alcanza 1,8 m de alto, con tallos rectos que dan verticilos de flores tubulares peludas de un naranja leonado a finales de verano y en otoño. Las hojas son lanceoladas y aromáticas. Los principales principios activos contenidos son la leonurina y marrubiina, además de taninos, saponina.

b) Cuál es su función en el ecosistema?

Su principal función en la cultura ya que es una especie domesticada por el humano es utilizado como un relajante suave. Puede crear un suave zumbido eufórico y ayuda a aumentar la sensación de relajación y comodidad, no tiene el efecto potente del cannabis, y tarda un tiempo en acumularse a medida que lo usas progresivamente. Se usa tradicionalmente en la tribu hotentote del hogar natal de Leonotis leonurus, el sur de África, la más conocida por su uso en actividades espirituales y recreativas, aunque otras tribus, como los zulúes y los xhosa también son conocidos por utilizarlo. Es su amplia gama de aplicaciones lo que la ha convertido en una hierba tan integral dentro de estas culturas.

c) Cuál es la población actual de la especie?

La población o producción de esta especie no se encuentra registrada en el GDP a nivel internacional, ya que su demanda es relativamente baja y no se guarda un registro de ella.

d) Cómo se encuentran los hábitats en los que existe la especie? Ha sido destruido? Han sido protegidos?

No se encontró la suficiente información sobre esta especie sobre su hábitat, debido a que no es tan cotizada y popular, se sabe los lugares que se encuentran y son estos:

Distribution Table

The distribution in this summary table is based on all the information available. When several references are cited, they may give conflicting information on the status.

Last updated: 05 Dec 2021

Continent/Country/Region	Distribution	Last Reported	Origin	First Reported	Invasive	Reference	Notes
Europe							
Portugal	Present					CABI Data Mining (2011)	
Spain	Present					CABI Data Mining (2011)	
North America							
United States							
- Hawaii	Present		Introduced	1938		Seebens et al. (2017)	
Oceania							
Australia	Present		Introduced	1845		Seebens et al. (2017)	



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Common name: Lion's tale.

Scientific name: Leonotis leonurus



a) What is it?

This perennial, shrubby semi-evergreen plant from South Africa is popular in all countries with warmer temperate or subtropical climates. It is a showy plant to 1.8m (6ft) tall, with straight stems bearing whorls of hairy tubular, tawny-orange flowers in late summer and fall. The leaves are lanceolate and aromatic. The main active ingredients contained are leonurine and marrubiin, as well as tannins and saponin.

b) What is its function in the ecosystem?

Its main function in culture, since it is a species domesticated by humans, is used as a mild relaxant. It can create a soft euphoric buzz and helps increase feelings of relaxation and comfort, it doesn't have the potent effect of cannabis, and it takes a while to build up as you use it progressively. It is traditionally used by the Hottentot tribe in Leonotis leonurus's native home of southern Africa, best known for its use in spiritual and recreational pursuits, although other tribes, such as the Zulu and Xhosa, are also known to use it. It is its wide range of applications that has made it such an integral herb within these cultures.

c) What is the current population of the species?

The population or production of this species is not registered in the GDP at the international level, since its demand is relatively low and a record of it is not kept.

d) How are the habitats in which the species occurs? Has it been destroyed? Have they been protected?

Not enough information was found about this species about its habitat, because it is not so sought after and popular, the places that are found are known and they are these:



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Again, not enough information was found about this species about its habitat, the only information that exists is this.